



Sunday, October 11, 2020  
**The Double Cure**  
Pastor Zach Prosser

## **Sermon Discussion Notes**

### **Celebration Church**

688 Dan Street, Akron, OH 44310 | 330-762-7458 | [www.CCAkron.org](http://www.CCAkron.org)

#### **Key Text: Psalm 103:1-4**

##### ➤ **Bless the Lord**

- The word “bless” in Hebrew is *Barach*, which means to “exalt and bow low (or kneel down).”
- David was telling his flesh to be quiet.
  - Command your soul to bless God, and don’t let your flesh speak to you.

##### ➤ **The Double Cure: Forgiveness and Healing (Psalm 103:3)**

- God is Jehovah Rapha: the God who heals (Psalm 30:2).
- Healing was paid for by the stripes of Jesus (Isaiah 53:5; I Peter 2:24).
- The disciples were called to preach forgiveness of sins and to heal the sick (Luke 9:1-2).
- God makes the bitter things in our lives sweet (Psalm 27:7).

##### ➤ **God Redeems Us from Destruction (Psalm 103:4)**

- The word “redeem” alludes to a kinsman redeemer: someone who erases debts and pays for the mistakes of others.
- Some translations use the term “pit” instead of “destruction.”
- Crowns are benefits and rewards.