

## Care Group Discussion Guide Celebration Church

### 1. The power of our confession (Romans 10:8-9)

- a. The word “confess” in Greek is *Homologeō* which means “to voice agreement with, to align with, or endorse; to speak the same thing.”
- b. Confession is speaking in agreement with what God has already said. It is the recognition of a truth that would not exist outside of God.
- c. There is creative power in our words.
  - i. God spoke the earth into existence (Genesis 1).

### 2. Speak truths that are greater than your present reality

- a. Let the weak say ‘I am strong’ (Joel 3:10).
  - i. Confession doesn’t deny what’s happening in the natural, but it declares what God is saying. It confesses that Jesus is Lord over the situation.
- b. Boasting in weaknesses (2 Corinthians 12:9).
  - i. The word *Boast* in Greek means “to rejoice in.”
  - ii. Declare that the grace of God is sufficient to see you through.

### 3. Speak words of life

- a. Let your words build up and impart grace (Ephesians 4:29).
  - i. The words that we say can be the mortar that holds up someone’s life.
- b. The power of life and death is in the tongue (Proverbs 18:21).
- c. Out of our hearts come wellsprings of life (Proverbs 4:23)
- d. Out of the heart, the mouth speaks (Luke 6:45).
- e. What comes out of the mouth comes from the heart (Matthew 15:18)
  - i. Your mouth is like a barometer for your heart. Learning to check it can prevent storms, but it can also propel you into the fullness of life.
- f. Like a rudder, our words dictate our direction (James 3:4).
  - i. You can either be a ship that is tossed by the storms of doubt, or you can operate in faith by confessing the word of God over your situation and allowing the rudder of your faith (your mouth) to steer your ship.
- g. Don’t doubt (James 1:6-8).
  - i. When you are driven by doubt, you are driven by the waves of life and trials.
  - ii. When you operate in faith, you are not being tossed around by what you see in the natural.
  - iii. If you are speaking according to the natural, you are double minded. You need to speak the words of God.
  - iv. What confession is coming out of your mouth?

### 4. Don’t speak words out of fear

- a. The four common fears
  - i. The fear of change - Don’t change my routine. Don’t mess with my mess.
  - ii. The fear of rejection – People will reject me if I share my faith in Christ.
  - iii. The fear of criticism - I didn’t do it right or I wasn’t perfect enough.
  - iv. The fear of losing control - Someone is going to take advantage of me.

### 5. Six ways to have a powerful confession

- a. Speaking the word of God - I am a child of God. I’m forgiven.
- b. Through praise and worship - we confess who God is.
- c. Through prayer - we confess who God is.

- d. Praying in tongues - it's a divine communication that confesses the truth.
- e. The proclamation of the gospel - preaching and evangelizing.
- f. Through repentance - confessing to God and to one another.

**6. Positive confessions that you should make over your life**

- a. Jesus is my Lord (Romans 10:9; Philippians 2:9-11)
- b. My Father protects and cares for me (Psalm 68:5-6; Ephesians 1:3; James 1:17)
- c. I do not lack anything or worry (Psalm 23:1; Philippians 4:19; John 14:27)
- d. Christ is my hope and my healing (1 Peter 2:24; Psalm 127:7-8; Romans 15:13)
- e. I have the wisdom and righteousness of Christ (1 Corinthians 1:30; 2 Cor. 5:21; 2 Peter 1:3)