



Discussion Guide

September 23, 2018

The Rest of God

Sermon by Pastor Zach Prosser

- Read Hebrews 4:1-11
- God has created a place of rest for his children to enter with Him. Like Eden, it is a place where we can cease striving, cease working, and enter into fellowship with God, allowing him to work in us. Since the fall, we have adopted a striving mindset that is difficult to give up, but that is not God's plan for us. Our focus should not be on filling up our lives with tasks and responsibilities, but on enjoying God's presence and fellowship.

How is your life impacted by the striving mindset? Do you find that it burns you out? What thoughts or convictions are preventing you from letting go of that mindset?

- How do we give up striving? Pastor Zach teaches that by faith, we can enter the rest of God; by letting go of the belief that everything depends on how much we achieve and by stepping into the presence of God, we can find rest and peace letting Him change our hearts and lives.

How might your life look different if you gave up striving and entered into God's rest? What would you need to give up; what would you gain?



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Upcoming Events to Promote at Your Group

Midweek Refresh | Wednesdays
7pm

The Hope Center | Thursdays
10am-4pm

Night of Hope | September 26
7pm

Key Components of a Healthy Care Group

Worship
Prayer
Body Life Ministry
Bible
Discussion

Remember to DELEGATE responsibilities to others!

***Remember your Care Group benevolence offering!**
****After your Care Group, remember to complete your online Care Group Report or email your Section Pastor.**